

Annual Report 2022

Empowering mothers and children to
build stronger communities

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ÉKAMUSA

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Vision and Mission Statements



Our choice of this year's cover photo for this Annual Report represents everything Ekam USA stands for:

- promoting the health of pregnant women and children,
- supporting education for the girl child,
- providing adolescent girl menstrual/ hygiene training, and
- providing livelihood support to underprivileged women and supporting the elderly and children in nursing homes and orphanages.

Our Vision

Ekam USA's vision is to improve the overall health of the community through a multi-pronged approach to quality healthcare, education and livelihood support, as well as provide relief in times of natural disasters. Through these initiatives, we hope to install sustainable solutions that continue to improve healthcare, education, and livelihoods of the communities in need.

Our Mission Statement

Ekam USA's mission is to improve the quality of life for the marginal and underprivileged communities through a multi-pronged approach:

1. We work to improve medical care, education and financial independence, with focus on women and children.
2. We develop sustainable, long-term solutions through impactful projects to uplift and empower vulnerable communities. We strive to create a holistic approach towards the Whole Family with focus on children and mothers.
3. We believe that every individual has the right to quality medical care, education and self-reliance, regardless of their socio-economic status, race, or gender.
4. We build collaborative partnerships with various non-profit organizations of similar mission to create a consortium that can provide multi-faceted assistance to the needy families to rehabilitate and strengthen their overall well-being.

Directors' Notes



“It's been 7 years since Ekam USA, Inc. has started and we are growing each year while maintaining under 1% admin cost. It all happened because of selfless work done by our volunteers. Proud to say that it's a 100% volunteer driven organization. We had 200+ donors by the end of 2021 and that increased to 300+ donors by the end of 2022. We work to ensure that your gift goes to the beneficiaries fully by keeping the admin cost low.

We hope to grow and touch many lives and continue our transparency into future years.”

Aruna Vatsavayi, Director, Finance

“A heart that gives, gathers.
Giving to others also brings us joy and fulfillment

We have been fortunate for your support and partnership through the years in helping us achieve our service goals. Yet another year of success!!!

The Youth Ambassador program is the bedrock of our activities. They have raised funds to feed the hungry, supplied kits to the homeless, volunteered in the local community events, stepped up for disaster relief, started school clubs, advocated for environmental issues and raised funds for health care and communities needs in India primarily involving medical support and livelihood.

At EKAM USA we believe in instilling compassion and resilience in our Youth Ambassadors. We bring inspiring speakers and resourceful professionals to train our youth ambassadors to become better people overall. We had presentations about Mental health, addiction and workshops on mindfulness, breathing and Meditation. We would like to take up Mental health awareness as a major focus for coming years. Healthy mind + healthy body + Healthy volunteers = Happy and healthy community “

Shilpa Puppala, Director, Public Relations, Ekam USA



Directors' Notes



“Greetings from the Board Desk. The year 2022 has been both challenging and progressive for Ekam USA. We have made significant progress in the direction of establishing good and workable partnerships with NGOs both in India as well as in the USA. We have modified our Vision and Mission statement to include a wide spectrum of community assistance projects. We are very fortunate to have very active chapters and EYAs whose efforts and dedication has been exemplary for both the trend setting and impact creations. We are looking forward to greater progress in the coming years with this enthusiastic team.”

Yagnesh Patel, Director and Financial Advisor, Ekam USA



“Congratulations to the entire Ekam USA team for a fantastic 2022. I am super thrilled and blessed for the opportunity to spend some time with the EYA's in Dallas, LA, Bay Area - and few other chapters - in person and over Zoom. We even did a FUN Yoga 3-day camp in LA - thanks to Archana for coordinating this so beautifully. And thanks to Mona, we had a fantastic Yoga Day celebration at The10YEC ranch in Frisco, TX where we did some Yoga - and some of the EYA's consecrated some universal human values and yogic powers. What I am amazed and inspired

with are the unbounded exuberance - and passion to make a difference in the world of sharing - helping those underprivileged on a wide range of causes such as livelihood empowerment, artificial limbs for the disabled, tutoring, nutrition, child care, health, education, ... The EkamUSA youth are the next-gen leaders to design excellence - and oneness (Ekam spirit) - in the world disrupting the "unfair status quos" and inequalities and biases. I am also super inspired by the Ekam leadership - starting with Neelima; who works tirelessly hard; day and night - and the entire leadership team at all levels. Particular mention is our own Yagnesh ji, who keeps us all honest - and we learn so much from him. I am looking forward to spending more quality time with many of the Ekam chapters worldwide sharing the joy of yoga, entrepreneurship, world of sharing across even more projects - and simply having fun celebrating the "Ekam Oneness" spirit both within; and across all of us; and the world.

Ishvara pranidhana. Gratitude. Flow. Celebration. Oneness. Youth. Excellence. YOU.

EkamUSA. Srini-The10. The10YEC. 🙌🧘🍷❤️🙏”

Srini Gurrapu, Director, Ekam USA

Directors' Notes

“2022 was a year of transition, rebounding from COVID to a new normal and resuming our regular activities. In addition, we focused on providing rehabilitation through livelihood support to women, underprivileged and COVID-affected families. Ekam USA has now expanded to several states in India, USA and Africa. We now have 22 chapters across USA. We have updated our mission statement in line with our new vision, covering Health, Education, Community empowerment, and Disaster relief.



We are focusing on these global issues and working on long term sustainable solutions, both in USA as well as in India, with multiple nonprofit partners with similar mission and vision. Due to our successful partnerships, we are able to expand the scope of our health, education and livelihood projects to Andhra Pradesh, Telangana, West Bengal, Jarkhand, Maharashtra, Odissa, Assam and Tamil Nadu.

We are always grateful for the unconditional love and support of our donors and volunteers. In 2022, we were able to raise more than \$250,000 and 111,652 spent. We have a stringent process of project review and due diligence to consider the social impact and cost effectiveness of the projects before approval and funding. This helps us to keep up with the expectations of our supporters to maximize the utilization of their donations for the beneficiaries of our projects and minimize administrative expenses. More than 100,000 has been spent on impactful projects that have empowered mothers and uplifted communities.”

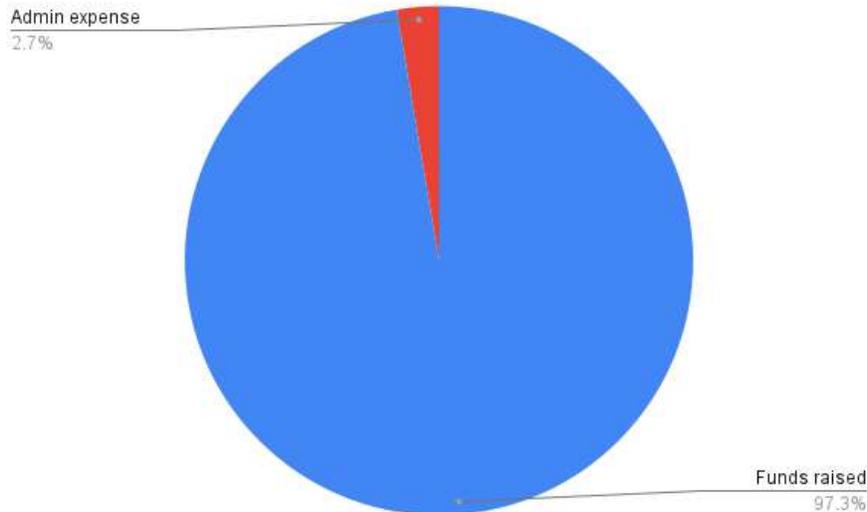
Neelima Reddy, MD, MSPH, FCG. Director, Ekam USA, Inc.
Governor of Louisiana and Regional Counselor, American College of Gastroenterology

Financials

Funds Raised: \$250,976

> \$139,324 spent on projects in USA and 8 states in India

Project Cost	Category	Details
\$64,028	Medical/Health	Medical support to the underprivileged, Prosthetic limbs donation, support to spinal cord injury patients, Menstrual / hygiene awareness
\$20,831	Education	Education support in schools and to medical students, toilets, school supplies, benches
\$8,347	Community Empowerment	Livelihood support to underprivileged and women
\$12,873	Community Service	Food donation to childrens, elderly in nursing homes, homeless, differently abled and underprivileged. Service activities to communities, supplies, blankets, etc. to shelters.



**EKAM
Financials**

Click to Donate

Value Circle Membership

We truly appreciate our core team of value circle families who provide sustained support to Ekam USA's work, by donating \$250/ year. It started with the concept of \$20/month, "Save a child for the cost of a pizza." All chapters and parents have taken up this challenge so we can continue to expand our projects to reach more children and women in need.

As a value circle family, your donation will be matched by Ekam USA and these core members choose to spend these funds on the projects their chapter wants to be involved with, locally or internationally.

Value circle family members are given the opportunity to be the leaders in Ekam USA, in recognition of their commitment in terms of time, talent and treasure they are contributing to the organization. These youth ambassadors will receive letters of recommendation from the chapter directors as well, and every opportunity to enhance their career and goals.

Ekam USA is a platform flexible to accommodate every volunteer's passion, as long as it is service-oriented, towards the empowerment of the community.

Be among the core supporters of Ekam USA: [Join the Ekam USA's Value Circle today to make a difference to women and children health.](#)

**Join Ekam's
Value Circle**

Donate

Emergency Relief for Michaung Cyclone Victims in Tamil Nadu and Andhra Pradesh

We Need Your Support Today!



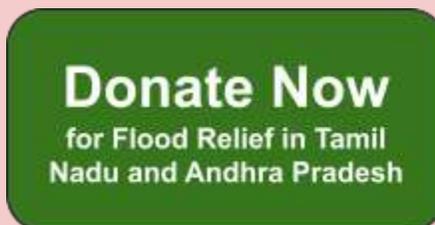
What Happened: The situation in Chennai and northern Tamil Nadu is **critical** following the havoc created by Cyclone Michaung. Areas like Nandanam, Mylapore, Velacherry, Chengalpattu, and Thiruvallur are severely flooded, with numerous towns submerged in knee-deep water.

What Is Being Done: Our team is actively providing emergency support and assessing needs as the water starts to recede. While homes are flooded, families are left without shelter, dry clothing, and other essentials.

What YOU Can Do:

This is the time to rise and show our support to Tamil Nadu and Andhra flood victims as coastal Andhra is being hit by the cyclone as well. Every donated dollar will be used towards projects. Your support will go towards:

- Emergency needs such as clothing, blankets, food, and shelter.
- Non-urgent but long-term needs assessment, providing rehabilitation and rebuilding, and offering sustainable livelihood support as the water recedes in the next few days.



Support EKAM

Thank you

to our endless stream of volunteers and tireless team of chapter directors and administrative support team who make it possible to serve those in need. We are grateful to our donors who support our mission for holistic empowerment of communities in need.

Donate for Immediate Emergency Relief

Chennai and northern Tamil Nadu are in critical condition after being hit by Cyclone Michaung. Communities are severely flooded with families lacking water, shelter, dry clothing, and other essentials. Donate to provide immediate emergency supplies and funding towards rehabilitation.

Donate Now
for Flood Relief in Tamil
Nadu and Andhra Pradesh

Donation Options

1. **Check:** Ekam USA, Inc. P.O. Box # 83931, Baton Rouge, LA 70884. Please provide your email so we may send receipts.
2. **Zelle:** Zelle payments to ekamusa16@gmail.com.
3. **Facebook:** facebook.com/ekamusa16
4. **Paypal:** To ekamusa16@gmail.com.

Address

Ekam USA, Inc. P.O. Box # 83931
Baton Rouge, LA 70884

**Click to
Donate**

[EKAM USA Campaigns](#)

[EKAM Projects](#)

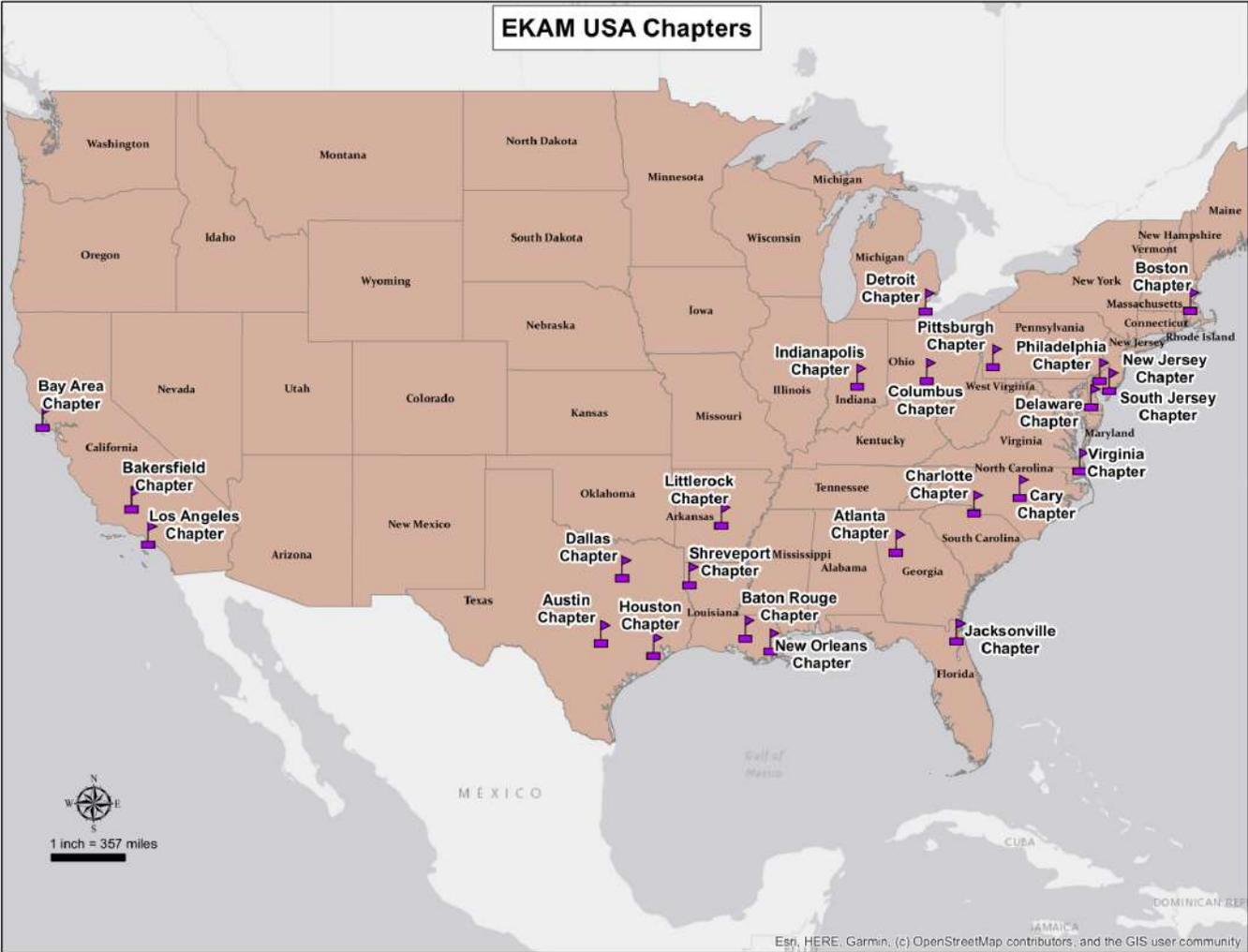
[Find Your Local
Chapter \(US\)](#)

Your donation is 100% tax-deductible as Ekam USA is a 501(c)(3) nonprofit organization. We strive to use 100% of your donation towards the project and our admin cost is <3% because Ekam USA is completely run by volunteers.

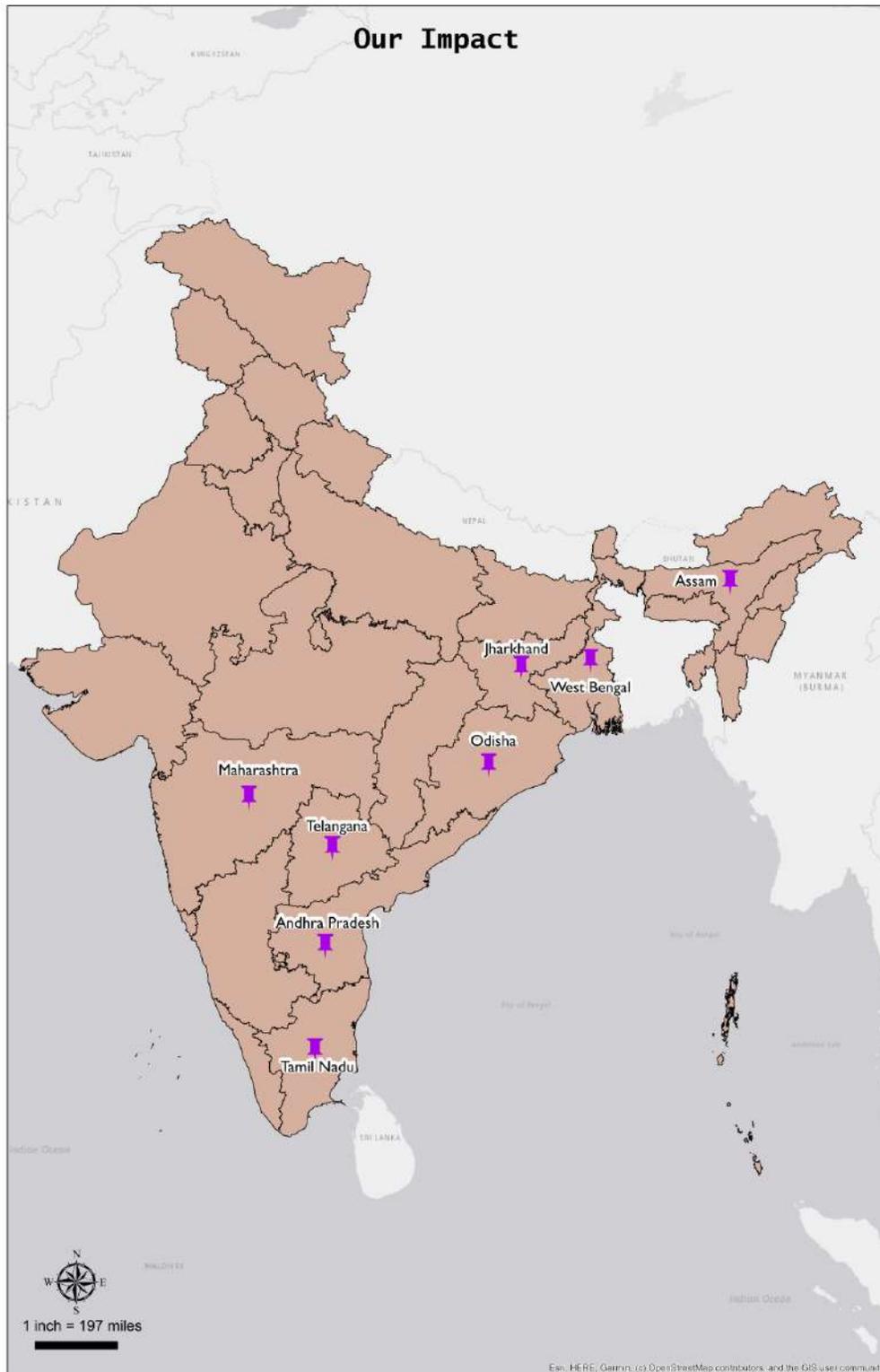


2022 Project Highlights

US Chapters



India Chapters



EKAM USA

Empowered 50 Kids
by sponsoring their educational needs for one year



Executing Partner : Uplift a Child



In
5 States

Orissa Telangana
West Bengal
TamiNādu Andhra



EkamUSA

with Executing partner Sahaja Foundation

Implemented 15 projects
in Andra and Telangana

- Benches
- School Supplies
- Sports Supplies
- Sanitary pads
- Back Packs
- To Under Privileged Communities
- Schools



Medical Education Support

60 medical students in financial need are supported through education grants **every year** from the Gandhi Medical College through Gandhi Medical College Global Alliance (GMCGA) and GMCAA Alumni.

COVID Support

48 COVID orphaned school children were funded for education with support from Vasavi Seva Foundation

Livelihood Support = 124

The livelihood intervention project identified 124 marginalized families in TamilNadu and help establish a sustainable source of income.



Medical Equipment

19 Primary Health Centers and Anganwadi preschool centers were supported with life-saving medical equipment.

- Multipara monitors, fetal dopplers for babies
- Oxygen concentrators, EKG machines, nebulizers, glucometers
- Blood pressure and weighing machines, stethoscopes, pulse oximeters for pregnant women



Medical Camps = 8

- 3 eye camps to screen 670 kids
- 2 cleft lip camps- 21 kids
- 1 cardiac screening camp- 84 kids
- Regular Retinopathy of prematurity camps



Prosthetic Limbs = 196

196 prosthetic limbs to support physically handicapped beneficiaries



LIMBS for LIFE

- One step at a time
- Together WE enabled 196 beneficiaries

Executing Partner : Chetana Foundation Pdx
Facilitating partner : Rotary club of Khammam

Save a Child = 160

160 children were referred to EKAM, screened, and treatment was arranged through several partnerships.

Orphanages/Elder Homes

5 in India and several local shelters served in USA



Maternal Health Awareness Camps = 116



Nutrigardens = 82

Nutrigardens were set up for sustainable nutrition for pregnant women, school children and anganwadi children.



Government Scheme

Awareness Camps = 90

Educate the community to utilize Govt. services

- Use of Emergency 104, 108 numbers
- Insurance schemes
- Financial Savings programs
- Nutrition
- Anemia awareness
- Antenatal care

Adolescent Training

Programs = 90

- Menstrual/Reproductive hygiene
- Social media safety
- Nutrition



For a complete list of chapter activities and how to be involved, visit the [EKAM USA chapter pages](#).

[EKAM USA Campaigns](#)

[EKAM Projects](#)

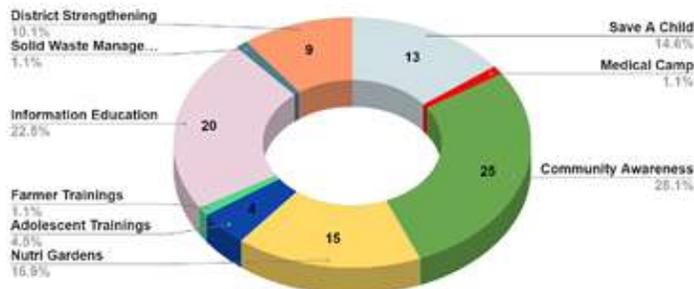
EKAM USA: Atlanta, GA

Ekam Atlanta has adopted the Dindigul district in India.

\$3,500 total raised

17 EYAs

9 Adult Volunteers



Local Community Service Activities and Fundraisers

Our EYAs this year volunteered along with their parents to donate 20 computers and 12 monitors to the needy. Tutored and helped 90 underprivileged, special needs children and foster kids build self-esteem. Made and donated over 1500 treats to the volunteers, veterans, and homeless. Grown and donated over 60 lb of food to the community food pantries. Collected and donated over 300 books, toys, and winter clothing.



Community Service and Visit to Orphanages in India

Our EYAs and parents made over 100 special friendship bracelets to personally hand tie when one of our EYA family visited India, in two orphanages in India. We gave treats, planted trees, donated books and art supplies.. Ekam Atlanta EYAs and parents are continuing to support the emotional and physical needs with various activities and fundraisers.



A picture of our EYAs with Thanksgiving treats, made for the homeless in Atlanta.

EKAM USA: Atlanta, GA

Presidential Volunteer Service Awardees (PVSA)

EYA PVSA Recipients: Aanya, Anusha, Ashriya, Daksh, Nadia, Hasini and Pranav
Adult PVSA Recipient: Sudha

3 Bronze, 3 Silver, 2 Gold

1000+ volunteer hours by 17 EYAs



Bed and Blanket Donations

EYAs fundraised and raised money in order to buy beds for an old age home in India in need of extra cots and bedding. Also, 300 blankets are donated to the needy in tribal and remote areas, to protect them from winter weather.



Toys for Tots

Ekam Atlanta EYAs and parents volunteered at Toys for Tots to pack 1000 plus bags of toys to give to children during christmas time.



Kendra Scott

Our EYAs fundraised with Kendra Scott store to raise funds for a local women's shelter in Atlanta.



EKAM USA: Atlanta, GA

Dream Chasers - Support for the Homeless

Our EYAs baked and donated 350 treats and helped organize a raffle ticket fundraiser for a local nonprofit Dream Chasers, that provides continued support for the homeless and underprivileged.



EKAM USA: Austin, TX

Ekam Austin has adopted the Thirunelveli district in India.
\$3,316 total raised



Aman Sulaiman Anaya Ubha Abhinav Bulusu
PVSA 2021 Awardees

Virtual Chess

Tournament = \$130

EYA Siddh Bamb, Swaha Roy, Radhika Gautam, and Aman Sulaiman hosted a virtual chess tournament for youth.

Seeds to Saplings = \$950

EYC Aman Sulaiman bought seed saplings, planted and nurtured the seeds, to be sold to the local community.

Java Lessons = \$440

EYA Siddh Bamb offered biweekly Java lessons to middle schoolers for 6 weeks to raise funds for Ekam.

Friends of Ekam = \$500

Hema Samkumar, a friend of Ekam, donated \$500 towards Ekam's cause.



Kendra Scott = \$826

EYA Ria Manchanda hosted the the Kendra Scott fundraiser project at a local store and online to raise funds for Ekam.

College Planning Webinar = \$500+

EYAs Aman Sulaiman worked with the national Ekam team to offer a College Planning + Prep Webinar working with a panel of students from MIT, Berkeley, Johns Hopkins, Purdue, VCU, and UIUC.

Tennis Lessons = \$370

EYA Abhinav Bulusu offered tennis lessons to local youth and intellectually challenged children, and organized game plays.



PVSA 2022 Recipient

Aman Sulaiman (Gold)

EKAM USA: Baton Rouge, LA

The Ekam Baton Rouge Chapter was started in 2016 and has adopted the Krishnagiri district in India.

\$4,935 total raised



EKAM USA: Bay Area, CA

Ekam Bay Area has adopted the Thanjavur district in India.

\$5,573 total raised
1148 volunteer hours



Summer Tutoring Program = \$1,396

EYAs offered courses like Math Olympiad, Scratch programming, Geometry, Beginner and Advanced Art classes, HTML & CSS, and Environmental Science, and developed their own curriculum. Together, they raised \$1375.

Hygiene Drive (Local)

EYAs ran a hygiene drive for a local non-profit providing shelter and housing for more than 5,000 homeless individuals, using funds gathered from an EYA-hosted virtual Halloween event. They collected essential items from their communities, including toothbrushes, soap, blankets, and more.



Green Challenge = \$3,000+

To fundraise for the nutrigardens in India, EYAs invited people to create their own gardens and develop healthy habits by gardening. EYAs also created a GoFundMe project to support food security during the COVID-19 crisis in India.

Virtual Fitness Challenge = \$180

EYAs conducted a four-week Virtual Fitness Challenge, where people were able to log their steps, challenge their friends, and win prizes. A perfect way for the community to stay active while helping Ekam's COVID-19 relief efforts.

EKAM USA: Bay Area, CA

Restaurant Fundraisers = \$116

EYAs Conducted a full-day fundraiser at the San Ramon Menchie's frozen yogurt store and San Ramon T4 store, while talking to supporters about Ekam.



PVSA 2022

EKAM Bay Area PVSA Award Winners

Amrita Anagha Lasya Anushka

Trisha Saniha Srishti Sowmya

Spoothi Anika Tanvi Shrimayi

EKAM USA: Boston, MA

\$5,573 total raised
350+ volunteers
5-88 years in ages
279 projects

Treats for Troops

24 leads from various towns collected, sorted, and repacked a total of 1200 lbs of candies in Nov. They also collected dental hygiene supplies from 4 local dentist offices and volunteers handmade 385+ thank-you cards for Veterans.

Savers FUNDrive® =

\$797.32+

20 leads from different towns conducted local mini drives to collect ~3002 lbs of soft items, 1439 lbs of small household goods, and ~907 lbs of books. Savers donated \$797.32 in recognition of our joint efforts, \$500 of which was donated to Jonas Clarke Middle School.



Sponsored Meals = 9,800+

Youth volunteers (ages 5+) carefully prepared fresh wholesome 9800 meal packages from the safety of their homes and did contactless delivery to the local shelters throughout the year.



EKAM USA: Boston, MA

Epilepsy Drive = \$2,418

Enormous effort by 28 leads from different towns led to this super successful drive which resulted in 16,912 lbs of clothing. This was spent to execute sustainable well-being projects in Namakkal dist, TN, India.



Meaningful Celebrations = \$5,345

Families sponsored a meal at local shelters in MA, one orphanage in Andhra, and another in Telangana on various celebratory occasions and festivals. Teams volunteered to prep, cook, serve, and clean-up at the local shelters. This initiative raised \$5345 through corporate matches to support Sustainable well-being projects in Namakkal Dist, TN, India.



Lexington Food Pantry Grocery Haul

Ekam volunteer Leena purchased groceries worth \$250 from Market Basket for the Food Pantry.



Sponsored Education Needs = \$7,382

In collaboration with "Uplift a Child" our youth volunteers collectively sponsored the education needs of 35 children from 6 states in India for a year through activities like tutoring, art for a cause, creative writing, sapling sale, food stand/sale, etc.



EKAM USA: Boston, MA

Empower Afghani Women

Our youth and adult volunteers helped empower women in Afghanistan to build their self-confidence by teaching basic English grammar and conversational skills. 15+ youth volunteers from 4 different EKAM USA chapters mentored 10+ women virtually.



Random Acts of Flowers and Crops

Volunteers from elementary students to adults lent a hand at Mass Audubon Wildlife Sanctuary, Lincoln, MA picking fresh flowers and harvesting the crop. In the summer, they picked 1500+ colorful varieties of flowers and made countless bouquets filled with love, which were sold at the local farmers market with the produce picked throughout the season to raise money for self-sustaining the Wildlife Bird Sanctuary and benefit low-income families.



EKAM USA: Boston, MA

English Tutoring by Abhijay Potluri

10-year-old youth volunteer Abhijay Potluri has conducted fun and engaging English-speaking classes for new students at East Boston School, who recently immigrated and struggled with English. Abhijay had sessions 3 times a week all through the summer to build confidence and help them become better readers when they get back to school.



Volunteering at BINA Farm in Lexington

BINA Farm provides a comprehensive therapeutic and recreational environment utilizing Equine-Assisted Services and Therapies, Vocational Training Programs, and Creative and Complementary Therapies for everyone with physical, developmental, and emotional challenges. Youth volunteers and adult chaperones helped in general clean up, organizing, raking dry leaves, clearing rocks in the horse training arena, and several other activities.



Diwali Celebration for Seniors

A group of 8 adult volunteers performed for seniors who meet at a local community center regularly, while closely following CDC guidelines.



EKAM USA: Boston, MA

Sustainable Well-Being

Ekam donated 8 sewing machines to support the sustainable well-being of women and their families who lost the sole breadwinner to covid. Service activity was meticulously executed in Khammam by “Chetana Foundation.”



EKAM USA ALL Chapters Joint Service Project

Prosthetic Limbs = \$16,200

A total of \$16,200 was raised to sponsor 270 prosthetic limbs. Limbs were manufactured economically by Khammam Rotary Club. This initiative was seamlessly executed by Chetana Foundation. These were then distributed free of cost to the needy in:

1. Khammam - 70 legs
2. Narsapuram; West Godavari - 76 legs
3. Ongole - 50 legs
4. Asifabad tribals; Telangana - 24 Legs
5. Tamilnadu - 50 legs



Disabled Development Organization, Anantapur

Families sponsored a full-day meal for the residents of the organization, 8 metal clothing storage boxes, 17 blankets, and 30 mats as a celebration of various special occasions in their lives.



EKAM USA: Boston, MA



Backpack Drive = \$1,400+

Nikhil and Jayan Byrapuram raised funds to buy 105 backpacks and basic school supplies and donated to the "The Wish Project" in Chelmsford, MA. These were provided to kids in local shelters.

Braille Books Drive

In April, 18 volunteers (4 adults and 14 EYAs) worked with staff at a Boston-based Braille publishing facility, and assembled 100+ Braille books so that blind and sighted parents and children can read together! The group also labeled and placed 100+ Braille stickers in print board books.



EKAM USA: Boston, MA

PVSA 2022



Volunteers are at the “Heart of the Organization” and their efforts were duly recognized. 21 Youth Volunteers and 5 Adult Volunteers were recognized with the prestigious President's Volunteer Service Award (PVSA award) for 2022.

Arya Kodumuru
Rajarshi Manda
Irshitha Bodepudi
Sreehitha Bodepudi
Farah Semy
Pravar Mukkala
Suravi Bhatia
Eesha Gangal
Jayan Byrapuram
Prutha Narvekar
Sunaina Kakumani

Siddharth Kawatkar
Siddharth Deshmukh
Abhijay Potluri
Adithya Potluri
Siya Setty
Siddhi Talekar
Dyuthi Prashanth
Saketh Lingisetty
Nikhil Byrapuram
Aashni Sai Anantapalli

Leena Parab Daxikar
Almina Semy
Hamida Semy
Nagasree Chakka
Varsha Talekar

EKAM USA: Charlotte, NC

Food for the Dilworth Soup Kitchen

EKAM Charlotte Chapter volunteers made turkey sandwiches and mac & cheese for Dilworth Soup Kitchen that was distributed among homeless and the needy to give back to the community. We are very grateful to Dilworth Soup Kitchen to give us this opportunity to serve.



EKAM USA: Charlotte, NC

PVSA 2022

 **President's Volunteer Service Award Recipients - EKAM Charlotte**

- Anish Ghosh is a 13 year old from Charlotte, North Carolina.
- He has been a part of the EKAM foundation for 2 years.
- He is being recognized for the PVSA Bronze Medal Award.

50 hours

- Anika Garg is a 14 year old from Charlotte, North Carolina.
- She has been a part of the EKAM foundation for 2 years.
- She is being recognized for the Special Recognition PVSA Award.

Ekam USA: Dallas, TX

PVSA 2022

Riya Acharya	Gold
Akhilesh Mishra	Bronze
Sanjay Bollini	Bronze
Arush Khanduja	Bronze
Rishit Khanduja	Bronze
Alka Patra	Bronze



EKAM USA: Houston, TX

EKAM Charity Tennis Tournament

This event was held to encourage local participation and to spread awareness about EKAM. It helped to establish a presence within Houston.



Kendra Scott

Promotion events May and November to raise funds



Homeless Shelter - Fort Bend Promise

Created about 50 food boxes for the homeless, including sandwiches and snacks



Christmas Bake Sale (December)

As a seasonal treat, volunteers baked multiple different baked goods for a Christmas Bake Sale, including Sugar Cookies, Gingerbread Cookies, Brownies, and more!



EKAM USA: Houston, TX

Houston Chevron Marathon

The Houston Marathon is an annual marathon usually held every January in Houston. With thousands of runners and spectators, it is the largest single day sporting event in the city. It is run concurrently with a half marathon and a 5 km race.



Dress for Success Clothes Drive

A clothes drive for professional clothing in order to allow those in need to be able to “dress for success.”



EKAM USA: Houston, TX

PVSA 2022



Recipients:

- Archana Baradwaj(Bronze)
- Adarsh Nambi(Bronze)
- Krathu Sankaranaryanan(Bronze)
- Sarika Nambi(Bronze)
- Aditi Subramanian(Bronze)
- Sathvik Sankaranarayanan(Bronze)
- Madhav Dinesh(Bronze)
- Antara Gokul(Bronze)
- Samhita Vemuri(Bronze)
- Sahana Gokul(Gold)

EKAM USA: Indianapolis, IN

Ekam Indianapolis has adopted Madurai, Tamil Nadu in India.

\$12,987 total raised

\$3,135 raised for local needs

\$3000 in Value Circle Donations (Many thanks to families of Ajay & Shivika, Aravind & Surekha, Bharat & Madhavi, Chetan & Mona, Jahnvi & Mounish, James, Lakshmi, Nirmala & Suresh, Praveen & Sujata, Prameela, Shobha & Vijayapal, Sukumar & Uma)

Horizon House

Ekam Indy families have volunteered both at the facility, which serves as a day shelter for homeless neighbors, making snack bags & sandwiches, packaging & delivering food boxes, and remotely, assembling snack bags. We also donated \$500, leveraging value circle match funds.



Gleaners Food Bank of Indiana

We helped with a range of tasks, e.g., sorting produce, assembling food boxes, loading cars with food boxes, and labeling cans.



Second Helpings

EYAs and parents helped sort and weigh pasta, pack snack bags & grab 'n go meals. EYAs also made cards to go with the meals. We raised \$3135 as part of the annual pasta drive.



Lemonade Stand : \$430

EYAs and their parents set up a lemonade stand during India Day 2022 and raised funds for eye camps in Madurai. EYAs presented a poster highlighting the chapter's accomplishments and recruited new members.



EKAM USA: Indianapolis, IN

Chapter PVSA Awardees

We are proud of our EYAs who continue to find ways to serve the local community and helped raise funds for needs, either in India, or here in Indianapolis, with the active support and engagement of their parents.

6 Awards, 301 hours

Silver: Adhik Suresh, Anjali Patel

Bronze: Aadhya Vankayala, Krithik Suresh, Maya Patel, Shresta Vankayala



What some of our members are saying...



Through Ekam I have learned that some people are homeless and don't even have food. I like to volunteer so I can give back and helping people in need makes me happy. It reminds me that we should be thankful for what we have. – EYA Shresta.

We like to volunteer with Ekam Indy because the needs are real and we can see the direct impact of our work for the community. In addition, we enjoy working alongside the Ekam Indy family, which is so welcoming and inspiring. – Parent Isa.

EKAM USA: Indianapolis, IN

Initiatives Supported in India

- Improve sanitation and infrastructure in Kallanthri, Kalimangalam, LKB nagar and Palamedu schools.
- Helped conduct medical camps in Madurai and across Tamil Nadu – for vision, cardiac and cleft lip/palate. Provided financial assistance to 20 kids and adolescents for prescription glasses.
- Funded a TV and furniture for Gengamuthur primary school and basic needs in Odaipatti Anganwadi.
- Provide life-saving medical equipment and basic furniture for newborns and mothers in primary health centers across Madurai.
- 50 prosthetic limbs, 100 blankets, 3 sewing machines



EKAM USA: Littlerock, AR

\$5,795 total raised

7 PVSA Awards

Total 1,134 PVSA volunteer hours

Our House Shelter Donation

EYAs made 102 bags with PB+J sandwiches, bananas, and nuts.



Our House Shelter Donation

Donated 100 bags with PB+J sandwiches, home-baked cookies, bananas, and handwritten Thanksgiving cards.



Compassion Center Thanksgiving Cooking

EYAs cooked pasta, lentil soup, boiled eggs, cookies, and salad to 150 people.



Compassion Center Christmas Donation

Donated 100 bags with PBJ sandwiches, homemade dessert, and made Christmas cards.



Uplift a Child

EYAs Anya Rao, Diya Rao, Ananaya Uddanti adopted 6 children to support their education.



Sponsored 100 blankets to the poor in Andhra Pradesh and Telangana

EKAM USA: Littlerock, AR

Special thanks to **Ananya Uddanti** our EYC and media coordinator. She tutors Afghani women.



ACT Crash Course

EYAs Ananaya Uddanti and Akul Srivastava hosted an ACT crash course and raised \$325.

Math Counts

Mr. Prashant Bale led math count tutoring sessions for middle school students and raised \$225 .

Cookies For Cause 2022: \$1000

EYA'S raised \$1000 by baking cookies under the guidance of Ms. Tina Trice.



Maa Illu Orphanage: \$675

Donated \$675 to Maa Illu orphanage in Telangana to celebrate mass birthdays and for healthy meals.



Clothing Drive Little Rock Shelters: 500 Clothes



Prosthetic Limbs Donation



Littlerock chapter donated 61 prosthetic limbs worth \$1260.

EKAM USA: Littlerock, AR

PVSA 2021-2022 - Little Rock

Gold:
Nysa Maruthy
Ritha Meenachi
Adhitya Ram
Ananya Uddanti



Bronze:
Medha Katapati
Khushi Patil
Disha Ram
Nithin Reddy



EKAM USA: Los Angeles, CA

Valentine's Day Cards

Happy Valentine's day to first responders. Youth volunteers expressed their love through 225 valentine cards and yummy Krispy Kreme Donuts to Firemen and Policemen of LA



February Project

Love and care for our first responders



Clothing Drive: \$905



“Jump Start” Literacy Kits

Team created literacy kits to “JUMP Start” which serves preschool-aged children in low-income neighborhoods.



“Free For Life International”

Prevention training which educates and empowers children and adults with information and strategies to prevent, recognize, and respond appropriately to sex trafficking, and digital dangers.

Fundraiser : Chess

Tournament: \$330



Every Saturday Service



EKAM USA: Los Angeles, CA

Every Sunday Service



Nutri Garden at Ottanthangal ICDS , Kanchipuram District



Nutri Garden at Meluduli ICDS , Kanchipuram District



Chengalpattu Medical Hospital Team



Adolescent Training at Uthiramerur Govt Girls School



Volunteering at Autism Center



EKAM USA: Los Angeles, CA

PVSA 2021-2022

Gold Recipients



Advait Kartik-



Ved Kartik



Ayaan Bharuka



**Dhruv Pinkal
Jogani**



**Sanjith Muthu
Kumaran**

Silver Recipients



Kathryn Coon



**Dhrupali Vinod
Bharuka**



**Pamita Pinkal
Jogani**

Bronze Recipients



**Thanuj
Komatireddy**



Hudson Coon

EKAM USA: Los Angeles, CA

Los Angeles Projects	Fundraised
Chapter Annual Value Circle	\$1,763.00
EKAMUSA Matching	\$1,763.00
Disney Matching	200
Cookies for a cause Sales	180
Tshirt Sales	100
Coorporate Matching	375
Savers Reference	\$100
Savers FunDrive	\$805
Kendra Scott ThanksGiving	\$384
Disney Matching	\$200
Chess Tournamnet	\$330
EYA Book Launch event fundraising	\$200
ComcastUniversal matching	\$100
Photo warmer online fundraiser	\$120
Kendra Scott	\$682
GivingTuesday Fundraising	\$1,200
Coorporate Matching	\$2,400
Total Funds	\$10,902

EKAM USA: New Jersey

Soiree of Sarees = \$600

Ananya, and her supportive mom TimaAgarwaalauctioned sarees. They hosted a live saree auction on Instagram to raise money. All proceeds were donated to Ekam USA to support mothers and children in need.



Help Feed The Homeless

We went to the United Methodist Church, once on February 19th, and another time on April 16. This was a great opportunity to cook and serve local people who are suffering from homelessness. This was a great initiative that helped many people who are in need of food.



Kendra Scott Fundraiser = \$484

Kendra Scott is a company that sells jewelry, specifically necklaces. On June 4th, the EkamUSANew Jersey Chapter worked with Kendra Scott to have around 20% of the customers' purchases donated to Ekam USA. In 2 days, we raised around \$484.



Prosthetic Limbs Camp = \$1,000

In October, Vishruthheld a dessert sale and raised \$500 for the prosthetic limbs camp. His mom's company matched the amount and donated \$1000 to Ekam USA. This amount of money sponsored 16 prosthetic legs.



EKAM USA: New Jersey

Asha Jyoti Run

The Asha Jyothi is a non-profit organization to empower rural women and provide them with sewing machines. The Asha Jyothi annual 5K run is a fun family event for children and adults of all ages.



Ekam USA 5K Run = \$21,000

With around 230 participants at the event, EYAs and adults raised \$4,500 from ticket sales alone, and around a total of \$21,000 through race participation, sponsorships, and donations. This event hosted activities like Zumba, Yoga, and Father's Day Games.



EKAM USA: New Jersey

NJ Homelessness Initiative

Founded by EKAM youth Ishan Sinha to raise awareness and champion the needs of homeless people by creating events to support the homeless to address the housing challenges in NJ. NJ EYAs Ishan, Akshat, and Prajna fed breakfast to kids at OASIS in Paterson, taking part in the Rise and Shine Program on Saturdays. They fundraised and got food donations to feed about 100 kids. EYAs also celebrated birthdays for children at Homeless Solutions and are aiming to raise \$2,000 to raise awareness through other events.



SewaDiwali

SewaDiwali is a food drive that was coordinated to benefit food pantries throughout New Jersey! SewaDiwali is a food drive being coordinated by “Hindu Swayamsevak Sangh” (HSS) in partnership with the Mayor's office and “We Feed Woodbridge.” HSS will drop off food collection boxes and pick up the donated food. Ekam USA partnered with HSS to supply more food for people suffering from homelessness. This was a great opportunity to help the community.

SEWA DIWALI
IS SUPPORTED BY
EKAMUSA
Healthy. Civil. Healthy Community.
All Donations go to the Shelters, Food Pantries and Kitchens.
SERVICE TO HUMANITY IS SERVICE TO DIVINITY

Drop off location:
Mohan & Anantha
5 Pace Dr, Edison NJ 08820
Mobile No: 908 468- 7047

9/24/22 - 11/20/22

ITEMS YOU CAN DONATE:

Pasta	Sugar
Canned Soups	Rice Bags (Any Size)
Canned Vegetables	Peanut Butter (In Plastic Jars)
Canned Fruits	Pasta Sauce
Ketchup	Coffee/Tea
Cookies/Crackers	Soap, Toothpaste

For more info, visit us at sewadiwali.org

EKAM USA: New Jersey

New Toilets in Mayandipatti School

Ekam New Jersey funded the construction of 6 toilets in the Mayandipatti School, impacting roughly 300 students.



EKAM USA: Philadelphia, PA

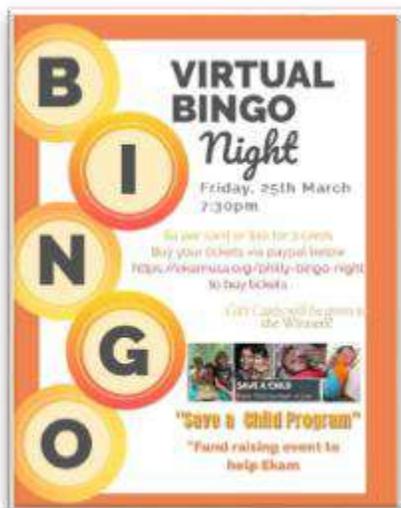
Ekam Philadelphia has adopted the Vellore district in India.

\$540 total raised



Virtual Bingo Night = \$320

Our EYAs planned and executed a virtual bingo night. This event needed significant effort in making the flyer and promoting it with friends and families. This was a successful event and kids plan to repeat it next year.



Shelter Food Donation & Cake Fundraising

EYAs/Parents have done two shelter food donation events and helped in making over 80+ food packages delivered to single moms and their children in Philadelphia. EYAs raised ~\$120 towards this initiative to cheer up several homeless kids in India for birthday cakes.



EKAM USA: Philadelphia, PA

Food Bank Event

A group of EYAs led by Parent volunteers loaded several cars to support the distribution of food by the Food Bank of Delaware and helped almost 200 families. Loaded love on Valentine's day!



Our Partners

who make it possible for us to do projects at ground level

Partners in USA



Chetana Foundation



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Global Pragathi



Hope4Spandana



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People Saving People



Prakasam Global NRI Forum



Protech Impact Foundation



Uplift A Child

Implementing Partners in India



Asara Foundation
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Ekam
Mumbai



Ekam Foundation
Tamilnadu



Extramile



Kalyania Suhasini Sishu
Niketan - West Bengal



Matrudevobhava
Telangana



Pioneer Medical Research
Foundation



Sahaja Foundation
Telangana



Soulfree

Aashraya Foundation

Maa Illu



Disabled Development
Organization- Anantapur



Urjavya Foundation
Jharkhand

Hrudayalayam

President's Volunteer Service Award (PVSA) Snapshot by Chapters

Chapter	Bronze	Silver	Gold
Atlanta	3	3	2
Austin	0	0	1
Arkansas	4	0	3
Baton Rouge	0	0	1
Bay Area	1	2	9
Boston	10	3	13
Charlotte	1	0	0
Dallas	5	0	1
Houston	9	0	1
Indianapolis	4	2	0
Los Angeles	2	3	5
New Jersey	1	0	4
TOTAL	40	13	40



Ekam USA Chapters

Support EKAM

Thank you

to our endless stream of volunteers and tireless team of chapter directors and administrative support team who make it possible to serve those in need. We are grateful to our donors who support our mission for holistic empowerment of communities in need.

Donate for Immediate Emergency Relief

Chennai and northern Tamil Nadu are in critical condition after being hit by Cyclone Michaung. Communities are severely flooded with families lacking water, shelter, dry clothing, and other essentials. Donate to provide immediate emergency supplies and funding towards rehabilitation.

Donate Now
for Flood Relief in Tamil
Nadu and Andhra Pradesh

Donation Options

5. **Check:** Ekam USA, Inc. P.O. Box # 83931, Baton Rouge, LA 70884. Please provide your email so we may send receipts.
6. **Zelle:** Zelle payments to ekamusa16@gmail.com.
7. **Facebook:** facebook.com/ekamusa16
8. **Paypal:** To ekamusa16@gmail.com.

Address

Ekam USA, Inc. P.O. Box # 83931
Baton Rouge, LA 70884

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Your donation is 100% tax-deductible as Ekam USA is a 501(c)(3) nonprofit organization. We strive to use 100% of your donation towards the project and our admin cost is <3% because Ekam USA is completely run by volunteers.

